

Adults and Young People's Drug and Alcohol Service (STRIDE)

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withyou

Partners:



What we offer Darlington (STRIDE)



- ✓ Pharmacological interventions opiates/alcohol/onsite disp.
- ✓ Psychosocial Interventions (PSI) – one to one and groups
- ✓ Harm reduction and needle and syringe programme
- ✓ Health and wellbeing assessments
- ✓ Recovery support:
 - Coaching
 - Community
- ✓ Group Facilitation
- ✓ Community building
- ✓ Ambassador programme
- ✓ Addressing stigma & education
- ✓ Individual Placement & Support

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Partners:



Support for adults & young people

STRIDE working together

- Police
- Probation
- Social Services/children's Services
- Safeguarding teams
- Housing teams
- Darlington Carers Service
- Mental health services – Tees, Esk and Wear Valleys NHS FT
- Harbour – Domestic Abuse
- Edge Centre and community hubs

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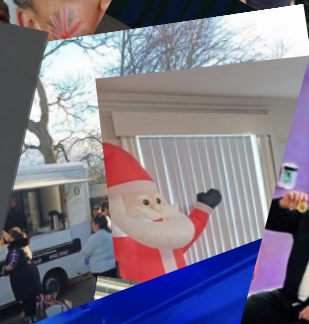


Recovery support in numbers...

Since opening...

- **1,663** group attendances since April 2024
- Supporting **88 people per month** on average
- **5 people** started the ambassador course in March 2024
- **4 people** have gone on to employment, 4 within our service.
- We had **307 group attendances** in August 2024





STRIDE referrals – 2024/2025 YTD

Adult 471
Referrals
in Darlington



YP 49 Referrals
in Darlington

272 – Self Highest referral sources
40 – Adult Social Care
36 – Prison
22 – Hospital Alcohol Team
18 – Outreach
14 – Housing/Homeless Service
9 – Probation
3 – Liaison and Diversion

6 – Self Highest referral sources
8 – Universal Education
3 – YOT
4 – YP Housing
19 – Children and Family Services

Real people, real stories...

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What's next for STRIDE?

- ✓ Work better **together** to increase referrals/support criminal justice/primary care/hospitals
- ✓ Provide our partners with **more information** about services and how STRIDE can help people within drug/alcohol issues
- ✓ Enhance our **young persons** offer and increase **early prevention measures**
- ✓ Continue supporting **continuity of care** with adult engagement increasing for both male and female prison leavers
- ✓ Keep building the **recovery support offer**

withyou

Partners:



Thank you

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